



New Mediterranean Color-diet



What makes us happy in life? Food is one of the pleasures of life and we tend to remember what brings pleasure in our lives. Hence, Coloribo tries to find a universal nutrition code through Mediterranean food that improves the overall well-being of man.

I'm an artist and chef too, I'm a mother and a father too, I'm happy and sad too, I'm sometimes rich and at times poor, I'm fat and thin too, but I know very well that my body is like a temple and as it needs a healthy spirit, it also needs healty cells.

The oxygen of the spirit is Art and the oxygen of the body is Nature so we have to connect the two entities with a new way of eating with colors that could as well be COLORIBO: a Mediterranean creative color diet.

Thank you for seeing the colors. With love,

Bice Perrini